



"A Division of Back9Fitness®"

### Professional Staff:

- **Licensed health care and certified conditioning professionals available. Each offer significant working and traveling experience in professional golf**

#### **Jeffrey S. Banaszak, PT, CSCS**

With over 10 years experience in the golf industry, Jeff developed a unique company called Back9Fitness® that specializes in products and services designed to enhance golf performance. Jeff's expertise includes manual therapy including Graston® Technique, ASTYM™, Active Isolated Stretching: The Mattes Method and specifically designing corrective exercise programs based on golf biomechanics. Jeff has been traveling with touring professionals to PGA TOUR® events for the past four years and now operates his business under a new division of Back9Fitness® called *Back9 Tour Services*.

#### **Jay Platt, PT, ATC, CSCS**

Jay has over 24 years experience in sports medicine as a physical therapist, athletic trainer, and certified strength and conditioning specialist. Jay has specialized in the biomechanics of golf, and golf performance enhancement through improved physical conditioning since 1995. He has experience working with touring golf professionals, and lectures nationally on the biomechanics of the golf swing as an Associate Instructor for BACKtoGOLF® Seminars.